



ERASMUS + K1 Training Course
25th January 2015 - 1th of February 2015
Brussels
BELGIUM

DemoCrazy is an YDS Project under the Erasmus+ program promoted by SoF INGO (Spirit of Freedom) and its international partners. It is a project about democracy, local policy making and participation of youngsters in those fields. A training for youth workers to exchange and develop new methodologies to work around the topic of democratic decision-making with groups of youngsters.

The training will bring together a total of 28 youth workers + experts and local volunteers to discuss the topic democracy and participation of youngsters in (local) decision-making. They will research their own democratic system and teach their peers. Together we will investigate different ways of involving youngsters in the decision-making process (both in politics and in organizational structures). The result of this training course will hopefully be a contribution of new tools to the SALTO website and/or the development of a blog where participants can add new methodologies and reflect on (political) democratic evolution in their everyday life.

The program will be well balanced and with a good mix of leisure and sessions. The methods we will use are all informal and some will be unexpected or maybe even brand new. We ask all our participants to be willing and open-minded. You will also be able to make contributions when it comes to energizers and mood busters.

Country: Belgium, Romania, Greece, Italy, Turkey, Poland, Croatia, UK.



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	25/01/2015	26/01/2015	27/01/2015	28/01/2015	29/01/2015	30/01/2015	31/01/2015	1/02/2015
08:00 09:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 10:30	Arrival	Ice-breaking exercises & name games	Games on Communication (C.I.S.)	Visit of the European commission	Game: Euro What?	Introduction internet forum + brainstorm on how to	Start-up internet forum	Cleaning up
10:30 11:00		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break
11:00 12:30		Getting to know each other more personally + fears & expectations	Group work & discussion what is democracy in an organisation	Visit of the European commission	Role play and simulation: intercultural learning	workshop on research, media, and social media	Youthpass & Erasmus+ / Youth in Action	Departure of the participants
12:30 14:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:00 16:00		Team Building games (input for the rest of the afternoon)	SWOT analysis democracy in countrygroups	Lecture KCSE: EU fundings EU structure	Role play and simulation: Democratic society	Develop new tool to enhance democratic awareness	Personal Evaluation.	
16:00 16:30		Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
16:30 18:00		workshop on group dynamics and leary's rose	Finalising & Presentation of SWOT	Exploring Brussels	lecture: participation of youngsters (Lander piccard)	Present and try out new tools. Give feedback to peers	Evaluation of the programme	
18:00 19:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
19:00 20:30	Introduction to the training course & program	Organisation market	Intercultural evening	Fee evening in Brussels	visit to a meeting of the youth-council of flanders	Fee evening	Farewell-evening	
20:30 21:00	Reflection	Reflection	Reflection	Reflection	Reflection	Reflection	Reflection	
21:30	Debriefing - 30 minutes whereby participants are divided into small groups to evaluate on the day's activities.							
	Bar moment - The participants have the opportunity to socialise and to have a drink at the bar.							